Lateral

Journal of the Cultural Studies Association

August 2020

by Jennifer Scuro | Issue 11.2 (Fall 2022), Crip Pandemic Life: A Tapestry

ABSTRACT Unemployed at the time, not visibly disabled, but having become quite unwell in the middle of a pandemic, this poem illustrates my anxious and exhausting insomnia against the caretaking labor for my youngest child. I worked to minimize the projections of stress and anxiety onto her, laboring for stillness and comfort. As Luce Irigaray states in *An Ethics of Sexual Difference* (1993), "Music comes before meaning. A sort of preliminary to meaning, coming after warmth, moisture, softness, kinesthesia" (168).

KEYWORDS disability, crip, pandemic, poetry, parenting

I'm dreamless these days,

most days.

I wake wearing my cement shoes.

Mornings add slip to the cement.

It is as I twilight

that the nightmares visit.

The roll-out of the a.m.

Insomniac stares.

I catch myself wandering in my cement shoes.

Woke again.

Light cracks through blackout shades.

The baby sleeps next to me.

Delicious.

Too old for mommy's bed,

too young to know this much anxiety.

Woke again.

Still safe.

Still scared of the next part.

The sleeping baby is a mirror of me yet to be.

Delicious, soft-cheeked.

A starfish without weights pulling her own weight

through her turn in the universe.

Mornings do not renew.

It is the plan yet again in the safety of another dreamless night to stay alive.

I hear breathing but no birdsong. She is the music of morning with her snorts and her sniffles. Too old to be in mommy's bed, too young for all this anxiety.

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Jennifer Scuro, "August 2020," Lateral 11.2 (2022).

https://doi.org/10.25158/L11.2.18

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ISSN 2469-4053